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03/04/2024** | | |  | |  | | --- | | **Pk-5 Nutritional Information** | |  |  | |  |  |  |  |  |  |  | |  |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | |  | Portion  Size | Reimb  Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars  (g) | Added Sugars  (g) | T-Fat  (g) | Tr-Fat² (g) | Cholst  (mg) | Carb  (g) | Fiber  (g) | Protn  (g) | VIt-A  (IU) | Calcm  (mg) | Vit-C  (mg) | Iron  (mg) | Cost | | 990226 Chicken Chunks Proview | 4 Each | 1 | 160 | 1.00 | 430 | 0 | \*N/A\* | 4.00 | 0.00 | 40 | 15.00 | 1.00 | 17.00 | 100 | 20.0 | 1.20 | 1.44 | $0.000 | | 990165 ROLL, DINNER, POG | Each | 1 | 80 | 0.00 | 130 | 3 | \*N/A\* | 1.00 | 0.00 | 0 | 14.00 | 2.00 | 3.00 | 0 | 20.0 | 0.00 | 0.72 | $0.000 | | 000440 POTATOES, MASHED | 1/2 CUP | 1 | 70 | 0.00 | 281 | \*1 | \*N/A\* | 0.70 | 0.00 | 0 | 13.94 | 1.39 | 1.39 | 0 | 9.6 | 6.27 | 0.21 | $0.000 | | 000581 GRAVY, CHICKEN (1 OZ) | OZ | 1 | 11 | 0.00 | 128 | \*0 | \*N/A\* | 0.21 | 0.00 | 0 | 1.69 | 0.00 | 0.00 | 0 | 0.8 | 0.00 | 0.00 | $0.000 | | 990041 CORN (1/2 CUP) | 1/2 CUP | 1 | 66 | 0.08 | 1 | \*N/A\* | \*N/A\* | 0.55 | 0.00 | 0 | 15.83 | 2.00 | 2.09 | 163 | 2.0 | 2.90 | 0.39 | $0.000 | | 990040 PEACHES (1/2 CUP) | 1/2 CUP | 1 | 45 | 0.00 | 0 | 9 | \*N/A\* | 0.00 | 0.00 | 0 | 10.80 | 0.90 | 0.90 | 14 | 8.1 | 5.40 | 0.00 | $0.000 | | 000645 MILK - Variety | HALF PTS | 1 | 104 | 0.45 | 174 | 15 | \*N/A\* | 0.75 | 0.00 | 8 | 15.80 | 0.00 | 8.00 | 725 | 294.0 | 0.00 | 0.10 | $0.000 | | 000082 PEANUT B&J Uncrustable | EACH | 1 | 300 | 3.50 | 270 | 15 | \*N/A\* | 16.00 | 0.00 | 0 | 32.00 | 4.00 | 9.00 | \*N/A\* | 43.0 | \*N/A\* | 1.00 | $0.000 | | 000237 PEANUT B SANDWICH | EACH | 1 | 457 | 3.96 | 393 | \*4 | \*N/A\* | 23.80 | 0.00 | 0 | 40.86 | 2.00 | 23.84 | 0 | 78.6 | 0.00 | 2.99 | $0.000 | | 001048 HAM SANDWICH (ELEM) | EACH | 1 | 204 | 0.57 | 563 | 7 | \*N/A\* | 3.64 | 0.00 | 29 | 28.72 | 2.00 | 15.07 | 2 | 56.8 | 0.22 | 2.34 | $0.000 | | 000335 KETCHUP | TBSP | 1 | 15 | 0.00 | 140 | \*N/A\* | \*N/A\* | 0.00 | 0.00 | 0 | 4.00 | 0.00 | 0.00 | 100 | 0.0 | 1.20 | 0.00 | $0.000 | | Weighted Daily Average |  |  | 1511 | 9.56 | 2510 | \*54 | \*0 | 50.65 | 0.00 | 77 | 192.64 | 15.30 | 80.30 | \*1104 | 533.0 | \*17.19 | 9.19 | $0.000 | | % of Calories |  |  |  | 5.69% |  | \*14.3% | \*0% | 30.2% | 0.0% |  | 51.0% |  | 21.3% |  |  |  |  |  | | Weekly Nutrient Guideline |  |  | 550 - 650 | <10 | 1110 |  |  | <=0 |  |  |  |  |  |  |  |  |  |  | | | | |  | | | | |  |  | | --- | --- | |  |  | |  | |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  |  |  |  |  |  |  | |  | |  | | --- | | **Tuesday - 03/05/2024** | | |  | |  | | --- | | **Pk-5 Nutritional Information** | |  |  | |  |  |  |  |  |  |  | |  |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | |  | Portion  Size | Reimb  Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars  (g) | Added Sugars  (g) | T-Fat  (g) | Tr-Fat² (g) | Cholst  (mg) | Carb  (g) | Fiber  (g) | Protn  (g) | VIt-A  (IU) | Calcm  (mg) | Vit-C  (mg) | Iron  (mg) | Cost | | 000368 FRENCH TOAST STICKS (ELEM) | SERVING (3 PC) | 1 | 207 | 1.24 | 249 | 6 | \*N/A\* | 7.47 | 0.00 | 0 | 30.71 | 2.49 | 4.98 | 249 | 33.2 | 3.98 | 1.58 | $0.000 | | 000349 SYRUP,MAPLE | TBSP | 1 | 56 | 0.00 | 24 | 9 | \*N/A\* | 0.02 | 0.00 | 0 | 13.92 | 0.00 | 0.00 | 2 | 0.0 | 0.36 | 0.00 | $0.000 | | 000107 SAUSAGE PATTY (1 EACH) | EACH | 1 | 70 | 1.50 | 260 | 0 | \*N/A\* | 5.00 | 0.00 | 25 | 0.00 | 0.00 | 7.00 | 0 | 0.0 | 0.00 | 0.36 | $0.000 | | 000447 POTATO, TRI-TATER | EACH | 1 | 100 | 0.50 | 280 | 1 | \*N/A\* | 4.50 | 0.00 | 0 | 14.00 | 1.00 | 1.00 | 0 | 0.0 | 1.80 | 0.00 | $0.000 | | 000639 FRUITABLES | EACH | 1 | 60 | 0.00 | 15 | 12 | \*N/A\* | 0.00 | 0.00 | 0 | 14.00 | 0.00 | 0.00 | 500 | 0.0 | 60.00 | 0.00 | $0.000 | | 000068 BANANA (HALF) | HALF | 1 | 52 | 0.00 | 0 | 7 | \*N/A\* | 0.00 | 0.00 | 0 | 13.50 | 1.50 | 0.50 | 50 | 5.0 | 5.10 | 0.18 | $0.000 | | 000645 MILK - Variety | HALF PTS | 1 | 104 | 0.45 | 174 | 15 | \*N/A\* | 0.75 | 0.00 | 8 | 15.80 | 0.00 | 8.00 | 725 | 294.0 | 0.00 | 0.10 | $0.000 | | 000082 PEANUT B&J Uncrustable | EACH | 1 | 300 | 3.50 | 270 | 15 | \*N/A\* | 16.00 | 0.00 | 0 | 32.00 | 4.00 | 9.00 | \*N/A\* | 43.0 | \*N/A\* | 1.00 | $0.000 | | 000237 PEANUT B SANDWICH | EACH | 1 | 457 | 3.96 | 393 | \*4 | \*N/A\* | 23.80 | 0.00 | 0 | 40.86 | 2.00 | 23.84 | 0 | 78.6 | 0.00 | 2.99 | $0.000 | | 001048 HAM SANDWICH (ELEM) | EACH | 1 | 204 | 0.57 | 563 | 7 | \*N/A\* | 3.64 | 0.00 | 29 | 28.72 | 2.00 | 15.07 | 2 | 56.8 | 0.22 | 2.34 | $0.000 | | 000335 KETCHUP | TBSP | 1 | 15 | 0.00 | 140 | \*N/A\* | \*N/A\* | 0.00 | 0.00 | 0 | 4.00 | 0.00 | 0.00 | 100 | 0.0 | 1.20 | 0.00 | $0.000 | | Weighted Daily Average |  |  | 1626 | 11.73 | 2368 | \*76 | \*0 | 61.18 | 0.00 | 62 | 207.51 | 12.99 | 69.39 | \*1628 | 510.6 | \*72.65 | 8.54 | $0.000 | | % of Calories |  |  |  | 6.49% |  | \*18.7% | \*0% | 33.9% | 0.0% |  | 51.0% |  | 17.1% |  |  |  |  |  | | Weekly Nutrient Guideline |  |  | 550 - 650 | <10 | 1110 |  |  | <=0 |  |  |  |  |  |  |  |  |  |  | | | | |  | | | | |  |  | | --- | --- | |  |  | |  | |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  |  |  |  |  |  |  | |  | |  | | --- | | **Wednesday - 03/06/2024** | | |  | |  | | --- | | **Pk-5 Nutritional Information** | |  |  | |  |  |  |  |  |  |  | |  |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | |  | Portion  Size | Reimb  Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars  (g) | Added Sugars  (g) | T-Fat  (g) | Tr-Fat² (g) | Cholst  (mg) | Carb  (g) | Fiber  (g) | Protn  (g) | VIt-A  (IU) | Calcm  (mg) | Vit-C  (mg) | Iron  (mg) | Cost | | 000018 GRILLED CHEESE SANDWICH | EACH | 1 | 255 | 3.74 | 770 | \*6 | \*N/A\* | 10.34 | 0.00 | 15 | 28.07 | 2.00 | 12.12 | 371 | 207.3 | 0.01 | 2.00 | $0.000 | | 000481 CHICKEN NOODLE SOUP | 1 CUP | 1 | 139 | 0.87 | 849 | \*1 | \*N/A\* | 4.07 | 0.00 | 47 | 13.91 | 0.70 | 12.48 | 345 | 19.4 | 0.52 | 1.07 | $0.000 | | 990120 VEGETABLES - FRESH, VARIETY \*RESIZED\* | 3/4 CUP | 1 | 22 | 0.03 | 67 | \*N/A\* | \*N/A\* | 0.13 | 0.00 | 0 | 4.77 | 1.91 | 0.57 | 6055 | 30.6 | 2.42 | 0.46 | $0.000 | | 990035 GRAPES (1/2 CUP) | 1/2 CUP | 1 | 31 | 0.05 | 1 | \*N/A\* | \*N/A\* | 0.16 | 0.00 | 0 | 7.89 | 0.41 | 0.29 | 46 | 6.4 | 1.84 | 0.13 | $0.000 | | 000645 MILK - Variety | HALF PTS | 1 | 104 | 0.45 | 174 | 15 | \*N/A\* | 0.75 | 0.00 | 8 | 15.80 | 0.00 | 8.00 | 725 | 294.0 | 0.00 | 0.10 | $0.000 | | 000082 PEANUT B&J Uncrustable | EACH | 1 | 300 | 3.50 | 270 | 15 | \*N/A\* | 16.00 | 0.00 | 0 | 32.00 | 4.00 | 9.00 | \*N/A\* | 43.0 | \*N/A\* | 1.00 | $0.000 | | 000237 PEANUT B SANDWICH | EACH | 1 | 457 | 3.96 | 393 | \*4 | \*N/A\* | 23.80 | 0.00 | 0 | 40.86 | 2.00 | 23.84 | 0 | 78.6 | 0.00 | 2.99 | $0.000 | | 001048 HAM SANDWICH (ELEM) | EACH | 1 | 204 | 0.57 | 563 | 7 | \*N/A\* | 3.64 | 0.00 | 29 | 28.72 | 2.00 | 15.07 | 2 | 56.8 | 0.22 | 2.34 | $0.000 | | 000335 KETCHUP | TBSP | 1 | 15 | 0.00 | 140 | \*N/A\* | \*N/A\* | 0.00 | 0.00 | 0 | 4.00 | 0.00 | 0.00 | 100 | 0.0 | 1.20 | 0.00 | $0.000 | | 000476 RANCH,CONDIMENT | TBSP | 1 | 35 | 0.50 | 140 | 0 | \*N/A\* | 3.50 | 0.00 | 5 | 0.50 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 | $0.000 | | Weighted Daily Average |  |  | 1561 | 13.67 | 3367 | \*48 | \*0 | 62.39 | 0.00 | 104 | 176.52 | 13.02 | 81.36 | \*7644 | 736.2 | \*6.21 | 10.10 | $0.000 | | % of Calories |  |  |  | 7.88% |  | \*12.3% | \*0% | 36.0% | 0.0% |  | 45.2% |  | 20.8% |  |  |  |  |  | | Weekly Nutrient Guideline |  |  | 550 - 650 | <10 | 1110 |  |  | <=0 |  |  |  |  |  |  |  |  |  |  | | | | |  | | | | |  |  | | --- | --- | |  |  | |  | |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  |  |  |  |  |  |  | |  | |  | | --- | | **Thursday - 03/07/2024** | | |  | |  | | --- | | **Pk-5 Nutritional Information** | |  |  | |  |  |  |  |  |  |  | |  |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | |  | Portion  Size | Reimb  Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars  (g) | Added Sugars  (g) | T-Fat  (g) | Tr-Fat² (g) | Cholst  (mg) | Carb  (g) | Fiber  (g) | Protn  (g) | VIt-A  (IU) | Calcm  (mg) | Vit-C  (mg) | Iron  (mg) | Cost | | 990054 SPAGHETTI NOODLES (ELM/MS) | 1/2 CUP | 1 | 202 | 0.00 | 0 | 2 | 0 | 1.01 | 0.00 | 0 | 41.51 | 1.01 | 7.09 | 0 | 0.0 | 0.00 | 1.82 | $0.000 | | 990056 SPAGHETTI SAUCE (ELM/MS) | 1/3 CUP | 1 | 126 | 2.05 | 369 | \*0 | \*N/A\* | 7.57 | 1.02 | 27 | 6.23 | 0.02 | 7.18 | 569 | 12.6 | 0.09 | 0.62 | $0.000 | | 990268 Garlic Knot | each | 1 | 170 | 1.50 | 190 | 3 | 0 | 6.00 | 0.00 | 0 | 27.00 | 3.00 | 5.00 | \*N/A\* | 12.0 | \*N/A\* | 2.00 | $0.000 | | 990124 CARROTS, BABY (1/2 CUP) | 1/2 CUP | 1 | 36 | 0.03 | 61 | 4 | \*N/A\* | 0.21 | 0.00 | 0 | 8.42 | 2.46 | 0.82 | 14682 | 29.0 | 5.18 | 0.26 | $0.000 | | 000199 SALAD, SIDE | CUP | 1 | 38 | 0.00 | 0 | \*N/A\* | \*N/A\* | 0.00 | 0.00 | 0 | 0.00 | 37.80 | 0.00 | 18900 | 0.0 | 45.36 | 0.00 | $0.000 | | 000036 SALAD DRESSING | 1 TBSP | 1 | 37 | 0.53 | 148 | 0 | \*N/A\* | 3.70 | 0.00 | 5 | 0.53 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 | $0.000 | | 990072 APPLES, CINNAMON (1/2 CUP) | 1/2 CUP | 1 | 68 | 0.00 | 0 | \*11 | \*N/A\* | 0.02 | 0.00 | 0 | 17.28 | 3.73 | 0.05 | 7 | 20.1 | 5.11 | 0.11 | $0.000 | | 000645 MILK - Variety | HALF PTS | 1 | 104 | 0.45 | 174 | 15 | \*N/A\* | 0.75 | 0.00 | 8 | 15.80 | 0.00 | 8.00 | 725 | 294.0 | 0.00 | 0.10 | $0.000 | | 000082 PEANUT B&J Uncrustable | EACH | 1 | 300 | 3.50 | 270 | 15 | \*N/A\* | 16.00 | 0.00 | 0 | 32.00 | 4.00 | 9.00 | \*N/A\* | 43.0 | \*N/A\* | 1.00 | $0.000 | | 000237 PEANUT B SANDWICH | EACH | 1 | 457 | 3.96 | 393 | \*4 | \*N/A\* | 23.80 | 0.00 | 0 | 40.86 | 2.00 | 23.84 | 0 | 78.6 | 0.00 | 2.99 | $0.000 | | 001048 HAM SANDWICH (ELEM) | EACH | 1 | 204 | 0.57 | 563 | 7 | \*N/A\* | 3.64 | 0.00 | 29 | 28.72 | 2.00 | 15.07 | 2 | 56.8 | 0.22 | 2.34 | $0.000 | | Weighted Daily Average |  |  | 1742 | 12.59 | 2167 | \*61 | \*0 | 62.71 | 1.02 | 69 | 218.36 | 56.02 | 76.05 | \*34885 | 546.1 | \*55.96 | 11.25 | $0.000 | | % of Calories |  |  |  | 6.50% |  | \*14.0% | \*0% | 32.4% | 0.5% |  | 50.1% |  | 17.5% |  |  |  |  |  | | Weekly Nutrient Guideline |  |  | 550 - 650 | <10 | 1110 |  |  | <=0 |  |  |  |  |  |  |  |  |  |  | | | | |  | | | | |  |  | | --- | --- | |  |  | |  | |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  |  |  |  |  |  |  | |  | |  | | --- | | **Friday - 03/08/2024** | | |  | |  | | --- | | **Pk-5 Nutritional Information** | |  |  | |  |  |  |  |  |  |  | |  |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | |  | Portion  Size | Reimb  Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars  (g) | Added Sugars  (g) | T-Fat  (g) | Tr-Fat² (g) | Cholst  (mg) | Carb  (g) | Fiber  (g) | Protn  (g) | VIt-A  (IU) | Calcm  (mg) | Vit-C  (mg) | Iron  (mg) | Cost | | 990173 Pizza, The MAX Cheese | Each | 1 | 260 | 4.00 | 650 | 4 | \*N/A\* | 7.00 | 0.00 | 20 | 34.00 | 4.00 | 16.00 | \*N/A\* | 270.0 | \*N/A\* | 2.50 | $0.000 | | 990223 Celery Sticks | Sticks | 1 | 9 | 0.02 | 32 | 1 | \*N/A\* | 0.10 | 0.00 | 0 | 1.50 | 0.80 | 0.40 | 50 | 20.0 | 1.40 | 0.12 | $0.000 | | 990124 CARROTS, BABY (1/2 CUP) | 1/2 CUP | 1 | 36 | 0.03 | 61 | 4 | \*N/A\* | 0.21 | 0.00 | 0 | 8.42 | 2.46 | 0.82 | 14682 | 29.0 | 5.18 | 0.26 | $0.000 | | 000352 CHIPS, SUN | EACH | 1 | 140 | 1.00 | 120 | \*N/A\* | \*N/A\* | 6.00 | 0.00 | 0 | 18.00 | 2.00 | 2.00 | 0 | 0.0 | 0.00 | 0.36 | $0.000 | | 990087 COOK'S CHOICE FRUIT (1/2 CUP) | 1/2 CUP | 1 | 25 | 0.00 | 5 | 6 | \*N/A\* | 0.00 | 0.00 | 0 | 8.00 | 1.00 | 0.00 | \*N/A\* | 5.0 | 1.20 | 0.00 | $0.000 | | 000645 MILK - Variety | HALF PTS | 1 | 104 | 0.45 | 174 | 15 | \*N/A\* | 0.75 | 0.00 | 8 | 15.80 | 0.00 | 8.00 | 725 | 294.0 | 0.00 | 0.10 | $0.000 | | 990239 PB & J Homemade | each | 1 | 595 | 5.98 | 605 | \*10 | \*N/A\* | 33.90 | 0.00 | 0 | 56.64 | 6.20 | 19.98 | 1 | 55.5 | 0.19 | 3.48 | $0.000 | | 000237 PEANUT B SANDWICH | EACH | 1 | 457 | 3.96 | 393 | \*4 | \*N/A\* | 23.80 | 0.00 | 0 | 40.86 | 2.00 | 23.84 | 0 | 78.6 | 0.00 | 2.99 | $0.000 | | 001048 HAM SANDWICH (ELEM) | EACH | 1 | 204 | 0.57 | 563 | 7 | \*N/A\* | 3.64 | 0.00 | 29 | 28.72 | 2.00 | 15.07 | 2 | 56.8 | 0.22 | 2.34 | $0.000 | | Weighted Daily Average |  |  | 1830 | 16.01 | 2603 | \*51 | \*0 | 75.40 | 0.00 | 57 | 211.94 | 20.46 | 86.11 | \*15460 | 808.9 | \*8.19 | 12.14 | $0.000 | | % of Calories |  |  |  | 7.87% |  | \*11.1% | \*0% | 37.1% | 0.0% |  | 46.3% |  | 18.8% |  |  |  |  |  | | Weekly Nutrient Guideline |  |  | 550 - 650 | <10 | 1110 |  |  | <=0 |  |  |  |  |  |  |  |  |  |  | | | | |  | | | | |  |  | | --- | --- | |  |  | |  | |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  |  |  |  |  |  |  | |  | |  | | --- | | **Monday - 03/11/2024** | | |  | |  | | --- | | **Pk-5 Nutritional Information** | |  |  | |  |  |  |  |  |  |  | |  |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | |  | Portion  Size | Reimb  Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars  (g) | Added Sugars  (g) | T-Fat  (g) | Tr-Fat² (g) | Cholst  (mg) | Carb  (g) | Fiber  (g) | Protn  (g) | VIt-A  (IU) | Calcm  (mg) | Vit-C  (mg) | Iron  (mg) | Cost | | 000206 CHICKEN & GRAVY (ELEM/MS) | 1/3 CUP | 1 | 142 | 1.48 | 509 | \*1 | \*N/A\* | 5.90 | 0.00 | 66 | 1.18 | 0.02 | 20.82 | 39 | 12.4 | 0.00 | 0.86 | $0.000 | | 990059 NOODLES, BUTTER (ELEM/MS) | 3/4 CUP | 1 | 160 | 3.98 | 57 | \*N/A\* | \*N/A\* | 7.02 | 0.00 | 39 | 20.32 | 0.94 | 4.10 | 195 | 11.7 | 0.00 | 1.14 | $0.000 | | 990165 ROLL, DINNER, POG | Each | 1 | 80 | 0.00 | 130 | 3 | \*N/A\* | 1.00 | 0.00 | 0 | 14.00 | 2.00 | 3.00 | 0 | 20.0 | 0.00 | 0.72 | $0.000 | | 990058 PEAS (3/4 CUP) | 3/4 CUP | 1 | 88 | 0.08 | 279 | \*N/A\* | \*N/A\* | 0.51 | 0.00 | 0 | 16.06 | 5.23 | 5.61 | 979 | 25.5 | 11.60 | 1.21 | $0.000 | | 990032 PEARS (1/2 CUP) | 1/2 CUP | 1 | 50 | 0.00 | 10 | 12 | \*N/A\* | 0.00 | 0.00 | 0 | 16.00 | 2.00 | 0.00 | \*N/A\* | 10.0 | 2.40 | 0.00 | $0.000 | | 000645 MILK - Variety | HALF PTS | 1 | 104 | 0.45 | 174 | 15 | \*N/A\* | 0.75 | 0.00 | 8 | 15.80 | 0.00 | 8.00 | 725 | 294.0 | 0.00 | 0.10 | $0.000 | | 000082 PEANUT B&J Uncrustable | EACH | 1 | 300 | 3.50 | 270 | 15 | \*N/A\* | 16.00 | 0.00 | 0 | 32.00 | 4.00 | 9.00 | \*N/A\* | 43.0 | \*N/A\* | 1.00 | $0.000 | | 000237 PEANUT B SANDWICH | EACH | 1 | 457 | 3.96 | 393 | \*4 | \*N/A\* | 23.80 | 0.00 | 0 | 40.86 | 2.00 | 23.84 | 0 | 78.6 | 0.00 | 2.99 | $0.000 | | 001048 HAM SANDWICH (ELEM) | EACH | 1 | 204 | 0.57 | 563 | 7 | \*N/A\* | 3.64 | 0.00 | 29 | 28.72 | 2.00 | 15.07 | 2 | 56.8 | 0.22 | 2.34 | $0.000 | | Weighted Daily Average |  |  | 1586 | 14.02 | 2384 | \*56 | \*0 | 58.62 | 0.00 | 142 | 184.94 | 18.18 | 89.43 | \*1940 | 552.0 | \*14.22 | 10.36 | $0.000 | | % of Calories |  |  |  | 7.96% |  | \*14.1% | \*0% | 33.3% | 0.0% |  | 46.6% |  | 22.6% |  |  |  |  |  | | Weekly Nutrient Guideline |  |  | 550 - 650 | <10 | 1110 |  |  | <=0 |  |  |  |  |  |  |  |  |  |  | | | | |  | | | | |  |  | | --- | --- | |  |  | |  | |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  |  |  |  |  |  |  | |  | |  | | --- | | **Tuesday - 03/12/2024** | | |  | |  | | --- | | **Pk-5 Nutritional Information** | |  |  | |  |  |  |  |  |  |  | |  |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | |  | Portion  Size | Reimb  Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars  (g) | Added Sugars  (g) | T-Fat  (g) | Tr-Fat² (g) | Cholst  (mg) | Carb  (g) | Fiber  (g) | Protn  (g) | VIt-A  (IU) | Calcm  (mg) | Vit-C  (mg) | Iron  (mg) | Cost | | 990179 Pub Burger w/cheese | 1 Each | 1 | 220 | 7.50 | 450 | 1 | \*N/A\* | 16.25 | 0.00 | 62 | 1.00 | 0.00 | 18.00 | 100 | 75.0 | 0.00 | 1.08 | $0.000 | | 990156 BUN, HAMBURGER, POG | EACH | 1 | 150 | 0.00 | 250 | 5 | \*N/A\* | 2.00 | 0.00 | 0 | 29.00 | 3.00 | 6.00 | 0 | 60.0 | 0.00 | 1.80 | $0.000 | | 000142 ROMAINE (2oz) & TOMATO (1oz) | OZ | 1 | 4 | 0.00 | 19 | \*N/A\* | \*N/A\* | 0.00 | 0.00 | 0 | 0.29 | 2.42 | 0.06 | 1199 | 2.3 | 3.71 | 0.00 | $0.000 | | 990049 POTATO, CURLY | 1/2 CUP | 1 | 107 | 1.33 | 280 | 1 | \*N/A\* | 5.33 | 0.00 | 0 | 13.33 | 1.33 | 1.33 | 0 | 13.3 | 3.20 | 0.73 | $0.000 | | 990124 CARROTS, BABY (1/2 CUP) | 1/2 CUP | 1 | 36 | 0.03 | 61 | 4 | \*N/A\* | 0.21 | 0.00 | 0 | 8.42 | 2.46 | 0.82 | 14682 | 29.0 | 5.18 | 0.26 | $0.000 | | 990029 FRUIT MIX, CND (1/2 CUP) | 1/2 CUP | 1 | 70 | 0.00 | 0 | 15 | \*N/A\* | 0.00 | 0.00 | 0 | 17.00 | 1.00 | 0.00 | 5 | 5.0 | 4.00 | 0.00 | $0.000 | | 990087 COOK'S CHOICE FRUIT (1/2 CUP) | 1/2 CUP | 1 | 25 | 0.00 | 5 | 6 | \*N/A\* | 0.00 | 0.00 | 0 | 8.00 | 1.00 | 0.00 | \*N/A\* | 5.0 | 1.20 | 0.00 | $0.000 | | 000645 MILK - Variety | HALF PTS | 1 | 104 | 0.45 | 174 | 15 | \*N/A\* | 0.75 | 0.00 | 8 | 15.80 | 0.00 | 8.00 | 725 | 294.0 | 0.00 | 0.10 | $0.000 | | 000082 PEANUT B&J Uncrustable | EACH | 1 | 300 | 3.50 | 270 | 15 | \*N/A\* | 16.00 | 0.00 | 0 | 32.00 | 4.00 | 9.00 | \*N/A\* | 43.0 | \*N/A\* | 1.00 | $0.000 | | 000237 PEANUT B SANDWICH | EACH | 1 | 457 | 3.96 | 393 | \*4 | \*N/A\* | 23.80 | 0.00 | 0 | 40.86 | 2.00 | 23.84 | 0 | 78.6 | 0.00 | 2.99 | $0.000 | | 001048 HAM SANDWICH (ELEM) | EACH | 1 | 204 | 0.57 | 563 | 7 | \*N/A\* | 3.64 | 0.00 | 29 | 28.72 | 2.00 | 15.07 | 2 | 56.8 | 0.22 | 2.34 | $0.000 | | 000335 KETCHUP | TBSP | 1 | 15 | 0.00 | 140 | \*N/A\* | \*N/A\* | 0.00 | 0.00 | 0 | 4.00 | 0.00 | 0.00 | 100 | 0.0 | 1.20 | 0.00 | $0.000 | | 000451 MUSTARD, YELLOW | TBSP | 1 | 11 | 0.03 | 188 | \*N/A\* | \*N/A\* | 0.66 | 0.00 | 0 | 0.96 | 0.15 | 0.70 | 0 | 12.6 | 0.00 | 0.30 | $0.000 | | 990045 PICKLES, SLICED | 4 EACH | 1 | 1 | 0.00 | 50 | \*N/A\* | \*N/A\* | 0.00 | 0.00 | 0 | 0.00 | 0.00 | 0.00 | 1 | 0.4 | 0.00 | 0.00 | $0.000 | | Weighted Daily Average |  |  | 1703 | 17.37 | 2843 | \*73 | \*0 | 68.65 | 0.00 | 100 | 199.39 | 19.36 | 82.82 | \*16814 | 675.0 | \*18.71 | 10.60 | $0.000 | | % of Calories |  |  |  | 9.18% |  | \*17.1% | \*0% | 36.3% | 0.0% |  | 46.8% |  | 19.5% |  |  |  |  |  | | Weekly Nutrient Guideline |  |  | 550 - 650 | <10 | 1110 |  |  | <=0 |  |  |  |  |  |  |  |  |  |  | | | | |  | | | | |  |  | | --- | --- | |  |  | |  | |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  |  |  |  |  |  |  | |  | |  | | --- | | **Wednesday - 03/13/2024** | | |  | |  | | --- | | **Pk-5 Nutritional Information** | |  |  | |  |  |  |  |  |  |  | |  |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | |  | Portion  Size | Reimb  Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars  (g) | Added Sugars  (g) | T-Fat  (g) | Tr-Fat² (g) | Cholst  (mg) | Carb  (g) | Fiber  (g) | Protn  (g) | VIt-A  (IU) | Calcm  (mg) | Vit-C  (mg) | Iron  (mg) | Cost | | 000215 TACO BEEF, WALKING | 1/3 CUP | 1 | 232 | 4.06 | 401 | \*2 | \*N/A\* | 14.28 | 2.03 | 53 | 9.10 | 2.19 | 19.18 | 615 | 45.7 | 2.00 | 0.72 | $0.000 | | 990145 CHIPS, DORITOS | BAG | 1 | 130 | 1.00 | 200 | 1 | \*N/A\* | 5.00 | 0.00 | 0 | 20.00 | 2.00 | 2.00 | \*N/A\* | 38.0 | \*N/A\* | 0.00 | $0.000 | | 990061 TACO CHEESE | OZ | 1 | 91 | 4.05 | 213 | 0 | \*N/A\* | 6.07 | 0.00 | 20 | 1.01 | 0.00 | 7.09 | 0 | 0.0 | 0.00 | 0.00 | $0.000 | | 000343 TOMATOES, DICED | 1/8 CUP | 1 | 5 | 0.01 | 1 | \*N/A\* | \*N/A\* | 0.06 | 0.00 | 0 | 1.10 | 0.34 | 0.25 | 236 | 2.8 | 3.88 | 0.08 | $0.000 | | 001051 SALSA | TBSP | 1 | 5 | 0.00 | 16 | \*N/A\* | \*N/A\* | 0.03 | 0.00 | 0 | 0.99 | 0.19 | 0.21 | 78 | 1.7 | 0.57 | 0.32 | $0.000 | | 000103 TACO LETTUCE (ROMAINE) | 1/4 CUP | 1 | 9 | 0.00 | 0 | \*N/A\* | \*N/A\* | 0.00 | 0.00 | 0 | 0.00 | 9.45 | 0.00 | 4725 | 0.0 | 11.34 | 0.00 | $0.000 | | 000172 BEANS, REFRIED (1/2 CUP) | 1/2 CUP | 1 | 118 | 0.60 | 140 | \*N/A\* | \*N/A\* | 1.60 | 0.00 | 10 | 19.57 | 6.70 | 6.92 | 0 | 44.0 | 7.60 | 2.09 | $0.000 | | 000478 POTATO, ROUNDS (LUNCH) | SERVING(10) | 1 | 156 | 2.30 | 304 | \*N/A\* | \*N/A\* | 8.28 | \*N/A\* | \*N/A\* | 18.40 | 1.84 | 1.84 | 0 | 0.0 | 3.31 | 0.66 | $0.000 | | 000086 ORANGE, FRESH (HALF) | HALF | 1 | 45 | 0.02 | 0 | \*N/A\* | \*N/A\* | 0.12 | 0.00 | 0 | 11.28 | 2.30 | 0.90 | 216 | 38.4 | 51.07 | 0.10 | $0.000 | | 000645 MILK - Variety | HALF PTS | 1 | 104 | 0.45 | 174 | 15 | \*N/A\* | 0.75 | 0.00 | 8 | 15.80 | 0.00 | 8.00 | 725 | 294.0 | 0.00 | 0.10 | $0.000 | | 000082 PEANUT B&J Uncrustable | EACH | 1 | 300 | 3.50 | 270 | 15 | \*N/A\* | 16.00 | 0.00 | 0 | 32.00 | 4.00 | 9.00 | \*N/A\* | 43.0 | \*N/A\* | 1.00 | $0.000 | | 000237 PEANUT B SANDWICH | EACH | 1 | 457 | 3.96 | 393 | \*4 | \*N/A\* | 23.80 | 0.00 | 0 | 40.86 | 2.00 | 23.84 | 0 | 78.6 | 0.00 | 2.99 | $0.000 | | 001048 HAM SANDWICH (ELEM) | EACH | 1 | 204 | 0.57 | 563 | 7 | \*N/A\* | 3.64 | 0.00 | 29 | 28.72 | 2.00 | 15.07 | 2 | 56.8 | 0.22 | 2.34 | $0.000 | | Weighted Daily Average |  |  | 1858 | 20.53 | 2675 | \*44 | \*0 | 79.63 | \*2.03 | \*121 | 198.84 | 33.02 | 94.29 | \*6597 | 643.0 | \*79.98 | 10.39 | $0.000 | | % of Calories |  |  |  | 9.94% |  | \*9.5% | \*0% | 38.6% | \*1.0% |  | 42.8% |  | 20.3% |  |  |  |  |  | | Weekly Nutrient Guideline |  |  | 550 - 650 | <10 | 1110 |  |  | <=0 |  |  |  |  |  |  |  |  |  |  | | | | |  | | | | |  |  | | --- | --- | |  |  | |  | |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  |  |  |  |  |  |  | |  | |  | | --- | | **Thursday - 03/14/2024** | | |  | |  | | --- | | **Pk-5 Nutritional Information** | |  |  | |  |  |  |  |  |  |  | |  |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | |  | Portion  Size | Reimb  Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars  (g) | Added Sugars  (g) | T-Fat  (g) | Tr-Fat² (g) | Cholst  (mg) | Carb  (g) | Fiber  (g) | Protn  (g) | VIt-A  (IU) | Calcm  (mg) | Vit-C  (mg) | Iron  (mg) | Cost | | 990261 Chicken Nuggets Brakebush | 5 | 1 | 262 | 3.12 | 425 | 1 | 0 | 15.00 | 0.00 | 50 | 15.00 | 2.50 | 16.25 | \*N/A\* | 21.2 | \*N/A\* | 1.25 | $0.000 | | 990254 Steak Fries | 6 | 1 | 159 | 1.50 | 274 | 1 | 0 | 6.00 | 0.10 | 0 | 23.80 | 2.40 | 2.50 | \*N/A\* | 15.5 | \*N/A\* | 0.50 | $0.000 | | 990280 Fresh Pepper Slices | 1/4 Cup | 1 | 7 | 0.00 | 1 | 0 | 0 | 0.00 | 0.00 | 0 | 1.00 | 0.00 | 0.00 | 720 | 2.0 | 29.40 | 0.10 | $0.000 | | 990029 FRUIT MIX, CND (1/2 CUP) | 1/2 CUP | 1 | 70 | 0.00 | 0 | 15 | \*N/A\* | 0.00 | 0.00 | 0 | 17.00 | 1.00 | 0.00 | 5 | 5.0 | 4.00 | 0.00 | $0.000 | | 000106 OATMEAL CHOCOLATE CHIP COOKIE | EACH | 1 | 172 | 1.77 | 237 | \*N/A\* | \*N/A\* | 8.34 | 0.00 | 0 | 22.75 | 0.93 | 2.16 | 325 | 13.5 | 0.02 | 0.70 | $0.000 | | 000645 MILK - Variety | HALF PTS | 1 | 104 | 0.45 | 174 | 15 | \*N/A\* | 0.75 | 0.00 | 8 | 15.80 | 0.00 | 8.00 | 725 | 294.0 | 0.00 | 0.10 | $0.000 | | 000082 PEANUT B&J Uncrustable | EACH | 1 | 300 | 3.50 | 270 | 15 | \*N/A\* | 16.00 | 0.00 | 0 | 32.00 | 4.00 | 9.00 | \*N/A\* | 43.0 | \*N/A\* | 1.00 | $0.000 | | 000237 PEANUT B SANDWICH | EACH | 1 | 457 | 3.96 | 393 | \*4 | \*N/A\* | 23.80 | 0.00 | 0 | 40.86 | 2.00 | 23.84 | 0 | 78.6 | 0.00 | 2.99 | $0.000 | | 001048 HAM SANDWICH (ELEM) | EACH | 1 | 204 | 0.57 | 563 | 7 | \*N/A\* | 3.64 | 0.00 | 29 | 28.72 | 2.00 | 15.07 | 2 | 56.8 | 0.22 | 2.34 | $0.000 | | 000335 KETCHUP | TBSP | 1 | 15 | 0.00 | 140 | \*N/A\* | \*N/A\* | 0.00 | 0.00 | 0 | 4.00 | 0.00 | 0.00 | 100 | 0.0 | 1.20 | 0.00 | $0.000 | | 000476 RANCH,CONDIMENT | TBSP | 1 | 35 | 0.50 | 140 | 0 | \*N/A\* | 3.50 | 0.00 | 5 | 0.50 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 | $0.000 | | Weighted Daily Average |  |  | 1785 | 15.37 | 2617 | \*58 | \*0 | 77.04 | 0.10 | 92 | 201.43 | 14.83 | 76.82 | \*1877 | 529.6 | \*34.83 | 8.97 | $0.000 | | % of Calories |  |  |  | 7.75% |  | \*13.0% | \*0% | 38.8% | 0.1% |  | 45.1% |  | 17.2% |  |  |  |  |  | | Weekly Nutrient Guideline |  |  | 550 - 650 | <10 | 1110 |  |  | <=0 |  |  |  |  |  |  |  |  |  |  | | | | |  | | | | |  |  | | --- | --- | |  |  | |  | |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  |  |  |  |  |  |  | |  | |  | | --- | | **Friday - 03/15/2024** | | |  | |  | | --- | | **Pk-5 Nutritional Information** | |  |  | |  |  |  |  |  |  |  | |  |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | |  | Portion  Size | Reimb  Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars  (g) | Added Sugars  (g) | T-Fat  (g) | Tr-Fat² (g) | Cholst  (mg) | Carb  (g) | Fiber  (g) | Protn  (g) | VIt-A  (IU) | Calcm  (mg) | Vit-C  (mg) | Iron  (mg) | Cost | | 000123 BREADSTIX,CHEESE FILLED(2) | SERVING(2EA) | 1 | 290 | 6.00 | 490 | 5 | \*N/A\* | 11.00 | 0.00 | 30 | 30.00 | 2.00 | 19.00 | 400 | 360.0 | 0.00 | 1.90 | $0.000 | | 000656 MARINARA SAUCE | OZ | 1 | 11 | 0.00 | 86 | 1 | \*N/A\* | 0.33 | 0.00 | 0 | 1.77 | 0.00 | 0.44 | 0 | 4.7 | 0.00 | 0.22 | $0.000 | | 000628 CHIP, CHEETOS Baked | BAG | 1 | 120 | 1.00 | 200 | 1 | \*N/A\* | 4.50 | 0.00 | 0 | 16.00 | 1.00 | 2.00 | 0 | 20.0 | 0.00 | 0.40 | $0.000 | | 990253 Broccoli Littles | 5 | 1 | 130 | 1.00 | 290 | 1 | 0 | 7.00 | 0.00 | 0 | 14.00 | 2.00 | 3.00 | \*N/A\* | 20.0 | \*N/A\* | 0.20 | $0.000 | | 000657 APPLES, SLICED, BAGGED | EACH | 1 | 29 | 0.00 | 0 | 6 | \*N/A\* | 0.00 | 0.00 | 0 | 7.71 | 1.36 | 0.00 | 23 | 4.5 | 2.72 | 0.08 | $0.000 | | 990069 CUCUMBER, FRESH (1/2 CUP) | 1/2 CUP | 1 | 8 | 0.01 | 1 | \*N/A\* | \*N/A\* | 0.11 | 0.00 | 0 | 1.44 | 0.47 | 0.39 | 48 | 9.3 | 2.13 | 0.15 | $0.000 | | 000645 MILK - Variety | HALF PTS | 1 | 104 | 0.45 | 174 | 15 | \*N/A\* | 0.75 | 0.00 | 8 | 15.80 | 0.00 | 8.00 | 725 | 294.0 | 0.00 | 0.10 | $0.000 | | 000082 PEANUT B&J Uncrustable | EACH | 1 | 300 | 3.50 | 270 | 15 | \*N/A\* | 16.00 | 0.00 | 0 | 32.00 | 4.00 | 9.00 | \*N/A\* | 43.0 | \*N/A\* | 1.00 | $0.000 | | 000237 PEANUT B SANDWICH | EACH | 1 | 457 | 3.96 | 393 | \*4 | \*N/A\* | 23.80 | 0.00 | 0 | 40.86 | 2.00 | 23.84 | 0 | 78.6 | 0.00 | 2.99 | $0.000 | | 001048 HAM SANDWICH (ELEM) | EACH | 1 | 204 | 0.57 | 563 | 7 | \*N/A\* | 3.64 | 0.00 | 29 | 28.72 | 2.00 | 15.07 | 2 | 56.8 | 0.22 | 2.34 | $0.000 | | Weighted Daily Average |  |  | 1654 | 16.49 | 2468 | \*55 | \*0 | 67.13 | 0.00 | 67 | 188.31 | 14.83 | 80.74 | \*1198 | 890.9 | \*5.06 | 9.38 | $0.000 | | % of Calories |  |  |  | 8.97% |  | \*13.3% | \*0% | 36.5% | 0.0% |  | 45.5% |  | 19.5% |  |  |  |  |  | | Weekly Nutrient Guideline |  |  | 550 - 650 | <10 | 1110 |  |  | <=0 |  |  |  |  |  |  |  |  |  |  | | | | |  | | | | |  |  | | --- | --- | |  |  | |  | |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  |  |  |  |  |  |  | |  | |  | | --- | | **Monday - 03/18/2024** | | |  | |  | | --- | | **Pk-5 Nutritional Information** | |  |  | |  |  |  |  |  |  |  | |  |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | |  | Portion  Size | Reimb  Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars  (g) | Added Sugars  (g) | T-Fat  (g) | Tr-Fat² (g) | Cholst  (mg) | Carb  (g) | Fiber  (g) | Protn  (g) | VIt-A  (IU) | Calcm  (mg) | Vit-C  (mg) | Iron  (mg) | Cost | | 000357 CHICKEN STRIPS, BREADED (ELEM/MS) | Serving (3) | 1 | 230 | 3.51 | 591 | 1 | \*N/A\* | 15.03 | 0.00 | 40 | 10.02 | 1.00 | 15.03 | 0 | 18.0 | 0.00 | 2.00 | $0.000 | | 990165 ROLL, DINNER, POG | Each | 1 | 80 | 0.00 | 130 | 3 | \*N/A\* | 1.00 | 0.00 | 0 | 14.00 | 2.00 | 3.00 | 0 | 20.0 | 0.00 | 0.72 | $0.000 | | 000440 POTATOES, MASHED | 1/2 CUP | 1 | 70 | 0.00 | 281 | \*1 | \*N/A\* | 0.70 | 0.00 | 0 | 13.94 | 1.39 | 1.39 | 0 | 9.6 | 6.27 | 0.21 | $0.000 | | 000581 GRAVY, CHICKEN (1 OZ) | OZ | 1 | 11 | 0.00 | 128 | \*0 | \*N/A\* | 0.21 | 0.00 | 0 | 1.69 | 0.00 | 0.00 | 0 | 0.8 | 0.00 | 0.00 | $0.000 | | 990041 CORN (1/2 CUP) | 1/2 CUP | 1 | 66 | 0.08 | 1 | \*N/A\* | \*N/A\* | 0.55 | 0.00 | 0 | 15.83 | 2.00 | 2.09 | 163 | 2.0 | 2.90 | 0.39 | $0.000 | | 990040 PEACHES (1/2 CUP) | 1/2 CUP | 1 | 45 | 0.00 | 0 | 9 | \*N/A\* | 0.00 | 0.00 | 0 | 10.80 | 0.90 | 0.90 | 14 | 8.1 | 5.40 | 0.00 | $0.000 | | 000645 MILK - Variety | HALF PTS | 1 | 104 | 0.45 | 174 | 15 | \*N/A\* | 0.75 | 0.00 | 8 | 15.80 | 0.00 | 8.00 | 725 | 294.0 | 0.00 | 0.10 | $0.000 | | 000082 PEANUT B&J Uncrustable | EACH | 1 | 300 | 3.50 | 270 | 15 | \*N/A\* | 16.00 | 0.00 | 0 | 32.00 | 4.00 | 9.00 | \*N/A\* | 43.0 | \*N/A\* | 1.00 | $0.000 | | 000237 PEANUT B SANDWICH | EACH | 1 | 457 | 3.96 | 393 | \*4 | \*N/A\* | 23.80 | 0.00 | 0 | 40.86 | 2.00 | 23.84 | 0 | 78.6 | 0.00 | 2.99 | $0.000 | | 001048 HAM SANDWICH (ELEM) | EACH | 1 | 204 | 0.57 | 563 | 7 | \*N/A\* | 3.64 | 0.00 | 29 | 28.72 | 2.00 | 15.07 | 2 | 56.8 | 0.22 | 2.34 | $0.000 | | 000338 BBQ SAUCE | TBSP | 1 | 30 | 0.00 | 115 | 6 | \*N/A\* | 0.00 | 0.00 | 0 | 7.00 | 0.00 | 0.00 | 50 | 0.0 | 0.60 | 0.00 | $0.000 | | 000476 RANCH,CONDIMENT | TBSP | 1 | 35 | 0.50 | 140 | 0 | \*N/A\* | 3.50 | 0.00 | 5 | 0.50 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 | $0.000 | | 000335 KETCHUP | TBSP | 1 | 15 | 0.00 | 140 | \*N/A\* | \*N/A\* | 0.00 | 0.00 | 0 | 4.00 | 0.00 | 0.00 | 100 | 0.0 | 1.20 | 0.00 | $0.000 | | Weighted Daily Average |  |  | 1647 | 12.57 | 2926 | \*61 | \*0 | 65.18 | 0.00 | 83 | 195.16 | 15.30 | 78.32 | \*1054 | 531.0 | \*16.59 | 9.75 | $0.000 | | % of Calories |  |  |  | 6.87% |  | \*14.8% | \*0% | 35.6% | 0.0% |  | 47.4% |  | 19.0% |  |  |  |  |  | | Weekly Nutrient Guideline |  |  | 550 - 650 | <10 | 1110 |  |  | <=0 |  |  |  |  |  |  |  |  |  |  | | | | |  | | | | |  |  | | --- | --- | |  |  | |  | |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  |  |  |  |  |  |  | |  | |  | | --- | | **Tuesday - 03/19/2024** | | |  | |  | | --- | | **Pk-5 Nutritional Information** | |  |  | |  |  |  |  |  |  |  | |  |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | |  | Portion  Size | Reimb  Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars  (g) | Added Sugars  (g) | T-Fat  (g) | Tr-Fat² (g) | Cholst  (mg) | Carb  (g) | Fiber  (g) | Protn  (g) | VIt-A  (IU) | Calcm  (mg) | Vit-C  (mg) | Iron  (mg) | Cost | | 990054 SPAGHETTI NOODLES (ELM/MS) | 1/2 CUP | 1 | 202 | 0.00 | 0 | 2 | 0 | 1.01 | 0.00 | 0 | 41.51 | 1.01 | 7.09 | 0 | 0.0 | 0.00 | 1.82 | $0.000 | | 990056 SPAGHETTI SAUCE (ELM/MS) | 1/3 CUP | 1 | 126 | 2.05 | 369 | \*0 | \*N/A\* | 7.57 | 1.02 | 27 | 6.23 | 0.02 | 7.18 | 569 | 12.6 | 0.09 | 0.62 | $0.000 | | 990268 Garlic Knot | each | 1 | 170 | 1.50 | 190 | 3 | 0 | 6.00 | 0.00 | 0 | 27.00 | 3.00 | 5.00 | \*N/A\* | 12.0 | \*N/A\* | 2.00 | $0.000 | | 990124 CARROTS, BABY (1/2 CUP) | 1/2 CUP | 1 | 36 | 0.03 | 61 | 4 | \*N/A\* | 0.21 | 0.00 | 0 | 8.42 | 2.46 | 0.82 | 14682 | 29.0 | 5.18 | 0.26 | $0.000 | | 000199 SALAD, SIDE | CUP | 1 | 38 | 0.00 | 0 | \*N/A\* | \*N/A\* | 0.00 | 0.00 | 0 | 0.00 | 37.80 | 0.00 | 18900 | 0.0 | 45.36 | 0.00 | $0.000 | | 000036 SALAD DRESSING | 1 TBSP | 1 | 37 | 0.53 | 148 | 0 | \*N/A\* | 3.70 | 0.00 | 5 | 0.53 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 | $0.000 | | 990072 APPLES, CINNAMON (1/2 CUP) | 1/2 CUP | 1 | 68 | 0.00 | 0 | \*11 | \*N/A\* | 0.02 | 0.00 | 0 | 17.28 | 3.73 | 0.05 | 7 | 20.1 | 5.11 | 0.11 | $0.000 | | 000645 MILK - Variety | HALF PTS | 1 | 104 | 0.45 | 174 | 15 | \*N/A\* | 0.75 | 0.00 | 8 | 15.80 | 0.00 | 8.00 | 725 | 294.0 | 0.00 | 0.10 | $0.000 | | 000082 PEANUT B&J Uncrustable | EACH | 1 | 300 | 3.50 | 270 | 15 | \*N/A\* | 16.00 | 0.00 | 0 | 32.00 | 4.00 | 9.00 | \*N/A\* | 43.0 | \*N/A\* | 1.00 | $0.000 | | 000237 PEANUT B SANDWICH | EACH | 1 | 457 | 3.96 | 393 | \*4 | \*N/A\* | 23.80 | 0.00 | 0 | 40.86 | 2.00 | 23.84 | 0 | 78.6 | 0.00 | 2.99 | $0.000 | | 001048 HAM SANDWICH (ELEM) | EACH | 1 | 204 | 0.57 | 563 | 7 | \*N/A\* | 3.64 | 0.00 | 29 | 28.72 | 2.00 | 15.07 | 2 | 56.8 | 0.22 | 2.34 | $0.000 | | Weighted Daily Average |  |  | 1742 | 12.59 | 2167 | \*61 | \*0 | 62.71 | 1.02 | 69 | 218.36 | 56.02 | 76.05 | \*34885 | 546.1 | \*55.96 | 11.25 | $0.000 | | % of Calories |  |  |  | 6.50% |  | \*14.0% | \*0% | 32.4% | 0.5% |  | 50.1% |  | 17.5% |  |  |  |  |  | | Weekly Nutrient Guideline |  |  | 550 - 650 | <10 | 1110 |  |  | <=0 |  |  |  |  |  |  |  |  |  |  | | | | |  | | | | |  |  | | --- | --- | |  |  | |  | |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  |  |  |  |  |  |  | |  | |  | | --- | | **Wednesday - 03/20/2024** | | |  | |  | | --- | | **Pk-5 Nutritional Information** | |  |  | |  |  |  |  |  |  |  | |  |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | |  | Portion  Size | Reimb  Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars  (g) | Added Sugars  (g) | T-Fat  (g) | Tr-Fat² (g) | Cholst  (mg) | Carb  (g) | Fiber  (g) | Protn  (g) | VIt-A  (IU) | Calcm  (mg) | Vit-C  (mg) | Iron  (mg) | Cost | | 990247 Pulled Pork Nacho's (ELEM) | each | 1 | 327 | 6.17 | 823 | \*4 | \*N/A\* | 16.91 | 0.00 | 56 | 24.94 | 1.50 | 19.56 | \*311 | \*195.8 | \*0.00 | \*66.00 | $0.000 | | 990143 QUESO BLANCO | 2 OZ | 1 | 118 | 5.30 | 433 | 0 | \*N/A\* | 9.00 | 0.00 | 30 | 2.00 | 0.00 | 7.00 | 400 | 202.0 | 0.00 | 0.00 | $0.000 | | 990118 LETTUCE, SHRD (1/4 CUP) | 1/4 CUP | 1 | 76 | 0.00 | 0 | \*N/A\* | \*N/A\* | 0.00 | 0.00 | 0 | 0.00 | 75.60 | 0.00 | 37799 | 0.0 | 90.72 | 0.00 | $0.000 | | 990048 BEANS, BAKED (1/2 CUP) | 1/2 CUP | 1 | 198 | 0.00 | 234 | \*7 | \*N/A\* | 0.99 | 0.00 | 0 | 39.29 | 4.83 | 4.86 | 64 | 8.5 | 0.97 | 0.08 | $0.000 | | 990215 Cherry Craisins | Bag | 1 | 110 | 0.00 | 0 | 24 | \*N/A\* | 0.00 | 0.00 | 0 | 28.00 | 3.00 | 0.00 | \*N/A\* | \*N/A\* | \*N/A\* | \*N/A\* | $0.000 | | 990062 PINEAPPLE, CND (1/2 CUP) | 1/2 CUP | 1 | 72 | 0.01 | 1 | \*N/A\* | \*N/A\* | 0.11 | 0.00 | 0 | 19.80 | 0.90 | 0.32 | 0 | 12.6 | 0.00 | 0.36 | $0.000 | | 000645 MILK - Variety | HALF PTS | 1 | 104 | 0.45 | 174 | 15 | \*N/A\* | 0.75 | 0.00 | 8 | 15.80 | 0.00 | 8.00 | 725 | 294.0 | 0.00 | 0.10 | $0.000 | | 000082 PEANUT B&J Uncrustable | EACH | 1 | 300 | 3.50 | 270 | 15 | \*N/A\* | 16.00 | 0.00 | 0 | 32.00 | 4.00 | 9.00 | \*N/A\* | 43.0 | \*N/A\* | 1.00 | $0.000 | | 000237 PEANUT B SANDWICH | EACH | 1 | 457 | 3.96 | 393 | \*4 | \*N/A\* | 23.80 | 0.00 | 0 | 40.86 | 2.00 | 23.84 | 0 | 78.6 | 0.00 | 2.99 | $0.000 | | 001048 HAM SANDWICH (ELEM) | EACH | 1 | 204 | 0.57 | 563 | 7 | \*N/A\* | 3.64 | 0.00 | 29 | 28.72 | 2.00 | 15.07 | 2 | 56.8 | 0.22 | 2.34 | $0.000 | | 001051 SALSA | TBSP | 1 | 5 | 0.00 | 16 | \*N/A\* | \*N/A\* | 0.03 | 0.00 | 0 | 0.99 | 0.19 | 0.21 | 78 | 1.7 | 0.57 | 0.32 | $0.000 | | Weighted Daily Average |  |  | 1971 | 19.97 | 2907 | \*76 | \*0 | 71.23 | 0.00 | 124 | 232.41 | 94.02 | 87.87 | \*39379 | \*893.0 | \*92.47 | \*73.18 | $0.000 | | % of Calories |  |  |  | 9.12% |  | \*15.4% | \*0% | 32.5% | 0.0% |  | 47.2% |  | 17.8% |  |  |  |  |  | | Weekly Nutrient Guideline |  |  | 550 - 650 | <10 | 1110 |  |  | <=0 |  |  |  |  |  |  |  |  |  |  | | | | |  | | | | |  |  | | --- | --- | |  |  | |  | |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  |  |  |  |  |  |  | |  | |  | | --- | | **Thursday - 03/21/2024** | | |  | |  | | --- | | **Pk-5 Nutritional Information** | |  |  | |  |  |  |  |  |  |  | |  |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | |  | Portion  Size | Reimb  Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars  (g) | Added Sugars  (g) | T-Fat  (g) | Tr-Fat² (g) | Cholst  (mg) | Carb  (g) | Fiber  (g) | Protn  (g) | VIt-A  (IU) | Calcm  (mg) | Vit-C  (mg) | Iron  (mg) | Cost | | 000188 CHICKEN, MANDARIN ORANGE | 1/2 CUP | 1 | 170 | 0.50 | 361 | 13 | \*N/A\* | 3.00 | 0.00 | 40 | 23.00 | 0.00 | 11.00 | \*N/A\* | 0.0 | 1.20 | 0.72 | $0.000 | | 990091 RICE, STIR FRIED | 1/3 CUP | 1 | 108 | 0.29 | 200 | \*1 | \*N/A\* | 2.54 | 0.00 | 0 | 18.53 | 0.87 | 2.06 | 342 | 1.9 | 0.00 | 0.33 | $0.000 | | 990097 BROCCOLI, STEAMED (1/2 CUP) | 1/2 CUP | 1 | 20 | 0.03 | 19 | \*N/A\* | \*N/A\* | 0.23 | 0.00 | 0 | 3.73 | 2.34 | 2.19 | 807 | 43.7 | 43.99 | 0.63 | $0.000 | | 990051 MANDARIN ORANGES (1/2 CUP) | 1/2 CUP | 1 | 73 | 0.00 | 8 | 18 | \*N/A\* | 0.00 | 0.00 | 0 | 18.63 | 0.81 | 0.81 | 0 | 0.0 | 0.00 | 0.40 | $0.000 | | 990124 CARROTS, BABY (1/2 CUP) | 1/2 CUP | 1 | 36 | 0.03 | 61 | 4 | \*N/A\* | 0.21 | 0.00 | 0 | 8.42 | 2.46 | 0.82 | 14682 | 29.0 | 5.18 | 0.26 | $0.000 | | 000645 MILK - Variety | HALF PTS | 1 | 104 | 0.45 | 174 | 15 | \*N/A\* | 0.75 | 0.00 | 8 | 15.80 | 0.00 | 8.00 | 725 | 294.0 | 0.00 | 0.10 | $0.000 | | 000082 PEANUT B&J Uncrustable | EACH | 1 | 300 | 3.50 | 270 | 15 | \*N/A\* | 16.00 | 0.00 | 0 | 32.00 | 4.00 | 9.00 | \*N/A\* | 43.0 | \*N/A\* | 1.00 | $0.000 | | 000237 PEANUT B SANDWICH | EACH | 1 | 457 | 3.96 | 393 | \*4 | \*N/A\* | 23.80 | 0.00 | 0 | 40.86 | 2.00 | 23.84 | 0 | 78.6 | 0.00 | 2.99 | $0.000 | | 001048 HAM SANDWICH (ELEM) | EACH | 1 | 204 | 0.57 | 563 | 7 | \*N/A\* | 3.64 | 0.00 | 29 | 28.72 | 2.00 | 15.07 | 2 | 56.8 | 0.22 | 2.34 | $0.000 | | Weighted Daily Average |  |  | 1472 | 9.33 | 2048 | \*77 | \*0 | 50.18 | 0.00 | 77 | 189.70 | 14.48 | 72.79 | \*16557 | 547.0 | \*50.59 | 8.78 | $0.000 | | % of Calories |  |  |  | 5.70% |  | \*20.9% | \*0% | 30.7% | 0.0% |  | 51.5% |  | 19.8% |  |  |  |  |  | | Weekly Nutrient Guideline |  |  | 550 - 650 | <10 | 1110 |  |  | <=0 |  |  |  |  |  |  |  |  |  |  | | | | |  | | | | |  |  | | --- | --- | |  |  | |  | |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  |  |  |  |  |  |  | |  | |  | | --- | | **Friday - 03/22/2024** | | |  | |  | | --- | | **Pk-5 Nutritional Information** | |  |  | |  |  |  |  |  |  |  | |  |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | |  | Portion  Size | Reimb  Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars  (g) | Added Sugars  (g) | T-Fat  (g) | Tr-Fat² (g) | Cholst  (mg) | Carb  (g) | Fiber  (g) | Protn  (g) | VIt-A  (IU) | Calcm  (mg) | Vit-C  (mg) | Iron  (mg) | Cost | | 990278 Fish Shapes | 4 Each | 1 | 260 | 1.50 | 480 | 3 | 3 | 10.00 | 0.00 | 20 | 29.00 | 5.00 | 16.00 | 0 | 60.0 | 0.00 | 2.60 | $0.000 | | 000505 TARTAR SAUCE | OZ | 1 | 104 | 1.42 | 255 | \*N/A\* | \*N/A\* | 9.43 | 0.00 | 14 | 5.66 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 | $0.000 | | 990049 POTATO, CURLY | 1/2 CUP | 1 | 107 | 1.33 | 280 | 1 | \*N/A\* | 5.33 | 0.00 | 0 | 13.33 | 1.33 | 1.33 | 0 | 13.3 | 3.20 | 0.73 | $0.000 | | 000468 COLESLAW | 1/3 CUP | 1 | 51 | 0.30 | 78 | \*0 | \*N/A\* | 1.85 | 0.00 | 3 | 8.52 | 1.49 | 0.79 | 59 | 23.8 | 20.75 | 0.32 | $0.000 | | 990049 POTATO, CURLY | 1/2 CUP | 1 | 107 | 1.33 | 280 | 1 | \*N/A\* | 5.33 | 0.00 | 0 | 13.33 | 1.33 | 1.33 | 0 | 13.3 | 3.20 | 0.73 | $0.000 | | 990087 COOK'S CHOICE FRUIT (1/2 CUP) | 1/2 CUP | 1 | 25 | 0.00 | 5 | 6 | \*N/A\* | 0.00 | 0.00 | 0 | 8.00 | 1.00 | 0.00 | \*N/A\* | 5.0 | 1.20 | 0.00 | $0.000 | | 000645 MILK - Variety | HALF PTS | 1 | 104 | 0.45 | 174 | 15 | \*N/A\* | 0.75 | 0.00 | 8 | 15.80 | 0.00 | 8.00 | 725 | 294.0 | 0.00 | 0.10 | $0.000 | | 000082 PEANUT B&J Uncrustable | EACH | 1 | 300 | 3.50 | 270 | 15 | \*N/A\* | 16.00 | 0.00 | 0 | 32.00 | 4.00 | 9.00 | \*N/A\* | 43.0 | \*N/A\* | 1.00 | $0.000 | | 000237 PEANUT B SANDWICH | EACH | 1 | 457 | 3.96 | 393 | \*4 | \*N/A\* | 23.80 | 0.00 | 0 | 40.86 | 2.00 | 23.84 | 0 | 78.6 | 0.00 | 2.99 | $0.000 | | 001048 HAM SANDWICH (ELEM) | EACH | 1 | 204 | 0.57 | 563 | 7 | \*N/A\* | 3.64 | 0.00 | 29 | 28.72 | 2.00 | 15.07 | 2 | 56.8 | 0.22 | 2.34 | $0.000 | | Weighted Daily Average |  |  | 1718 | 14.36 | 2777 | \*51 | \*3 | 76.15 | 0.00 | 75 | 195.24 | 18.16 | 75.37 | \*786 | 587.9 | \*28.57 | 10.81 | $0.000 | | % of Calories |  |  |  | 7.52% |  | \*11.9% | \*0.7% | 39.9% | 0.0% |  | 45.5% |  | 17.5% |  |  |  |  |  | | Weekly Nutrient Guideline |  |  | 550 - 650 | <10 | 1110 |  |  | <=0 |  |  |  |  |  |  |  |  |  |  | | | | |  | | | | |  |  | | --- | --- | |  |  | |  | |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  |  |  |  |  |  |  | |  | |  | | --- | | **Monday - 03/25/2024** | | |  | |  | | --- | | **Pk-5 Nutritional Information** | |  |  | |  |  |  |  |  |  |  | |  |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | |  | Portion  Size | Reimb  Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars  (g) | Added Sugars  (g) | T-Fat  (g) | Tr-Fat² (g) | Cholst  (mg) | Carb  (g) | Fiber  (g) | Protn  (g) | VIt-A  (IU) | Calcm  (mg) | Vit-C  (mg) | Iron  (mg) | Cost | | 000609 PIZZA CRUCHER (ELEM/MS) | SERVING (4) | 1 | 420 | 8.00 | 770 | 4 | \*N/A\* | 20.00 | 0.50 | 30 | 41.00 | 5.00 | 20.00 | 500 | 420.0 | 2.40 | 2.40 | $0.000 | | 990063 BEANS, GREEN (3/4 CUP) | 3/4 CUP | 1 | 18 | 0.00 | 261 | \*N/A\* | \*N/A\* | 0.00 | 0.00 | 0 | 3.60 | 1.80 | 0.90 | 180 | 36.0 | 1.08 | 0.97 | $0.000 | | 990262 Chips, SUn, Harvest Cheddar | Bag | 1 | 140 | 0.50 | 170 | 2 | 0 | 6.00 | 0.00 | 0 | 19.00 | 2.00 | 2.00 | 0 | 10.0 | 0.00 | 0.60 | $0.000 | | 000278 SIDEKICKS FROZEN FRUIT JUICE | EACH | 1 | 80 | 0.00 | 45 | \*N/A\* | \*N/A\* | 0.00 | 0.00 | 0 | 20.00 | \*N/A\* | \*N/A\* | 1000 | 80.0 | 60.00 | 0.36 | $0.000 | | 990062 PINEAPPLE, CND (1/2 CUP) | 1/2 CUP | 1 | 72 | 0.01 | 1 | \*N/A\* | \*N/A\* | 0.11 | 0.00 | 0 | 19.80 | 0.90 | 0.32 | 0 | 12.6 | 0.00 | 0.36 | $0.000 | | 000645 MILK - Variety | HALF PTS | 1 | 104 | 0.45 | 174 | 15 | \*N/A\* | 0.75 | 0.00 | 8 | 15.80 | 0.00 | 8.00 | 725 | 294.0 | 0.00 | 0.10 | $0.000 | | 990239 PB & J Homemade | each | 1 | 595 | 5.98 | 605 | \*10 | \*N/A\* | 33.90 | 0.00 | 0 | 56.64 | 6.20 | 19.98 | 1 | 55.5 | 0.19 | 3.48 | $0.000 | | 000237 PEANUT B SANDWICH | EACH | 1 | 457 | 3.96 | 393 | \*4 | \*N/A\* | 23.80 | 0.00 | 0 | 40.86 | 2.00 | 23.84 | 0 | 78.6 | 0.00 | 2.99 | $0.000 | | 001048 HAM SANDWICH (ELEM) | EACH | 1 | 204 | 0.57 | 563 | 7 | \*N/A\* | 3.64 | 0.00 | 29 | 28.72 | 2.00 | 15.07 | 2 | 56.8 | 0.22 | 2.34 | $0.000 | | Weighted Daily Average |  |  | 2090 | 19.47 | 2982 | \*42 | \*0 | 88.20 | 0.50 | 67 | 245.42 | \*19.90 | \*90.12 | 2408 | 1043.5 | 63.88 | 13.59 | $0.000 | | % of Calories |  |  |  | 8.38% |  | \*8.0% | \*0% | 38.0% | 0.2% |  | 47.0% |  | \*17.2% |  |  |  |  |  | | Weekly Nutrient Guideline |  |  | 550 - 650 | <10 | 1110 |  |  | <=0 |  |  |  |  |  |  |  |  |  |  | | | | |  | | | | |  |  | | --- | --- | |  |  | |  | |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  |  |  |  |  |  |  | |  | |  | | --- | | **Tuesday - 03/26/2024** | | |  | |  | | --- | | **Pk-5 Nutritional Information** | |  |  | |  |  |  |  |  |  |  | |  |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | |  | Portion  Size | Reimb  Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars  (g) | Added Sugars  (g) | T-Fat  (g) | Tr-Fat² (g) | Cholst  (mg) | Carb  (g) | Fiber  (g) | Protn  (g) | VIt-A  (IU) | Calcm  (mg) | Vit-C  (mg) | Iron  (mg) | Cost | | 990177 Louisiana Chicken Fillet | each | 1 | 210 | 1.00 | 590 | 0 | \*N/A\* | 6.00 | 0.00 | 50 | 19.00 | 1.00 | 18.00 | 0 | \*N/A\* | \*N/A\* | 1.44 | $0.000 | | 990156 BUN, HAMBURGER, POG | EACH | 1 | 150 | 0.00 | 250 | 5 | \*N/A\* | 2.00 | 0.00 | 0 | 29.00 | 3.00 | 6.00 | 0 | 60.0 | 0.00 | 1.80 | $0.000 | | 000142 ROMAINE (2oz) & TOMATO (1oz) | OZ | 1 | 4 | 0.00 | 19 | \*N/A\* | \*N/A\* | 0.00 | 0.00 | 0 | 0.29 | 2.42 | 0.06 | 1199 | 2.3 | 3.71 | 0.00 | $0.000 | | 990124 CARROTS, BABY (1/2 CUP) | 1/2 CUP | 1 | 36 | 0.03 | 61 | 4 | \*N/A\* | 0.21 | 0.00 | 0 | 8.42 | 2.46 | 0.82 | 14682 | 29.0 | 5.18 | 0.26 | $0.000 | | 990049 POTATO, CURLY | 1/2 CUP | 1 | 107 | 1.33 | 280 | 1 | \*N/A\* | 5.33 | 0.00 | 0 | 13.33 | 1.33 | 1.33 | 0 | 13.3 | 3.20 | 0.73 | $0.000 | | 990029 FRUIT MIX, CND (1/2 CUP) | 1/2 CUP | 1 | 70 | 0.00 | 0 | 15 | \*N/A\* | 0.00 | 0.00 | 0 | 17.00 | 1.00 | 0.00 | 5 | 5.0 | 4.00 | 0.00 | $0.000 | | 000645 MILK - Variety | HALF PTS | 1 | 104 | 0.45 | 174 | 15 | \*N/A\* | 0.75 | 0.00 | 8 | 15.80 | 0.00 | 8.00 | 725 | 294.0 | 0.00 | 0.10 | $0.000 | | 000082 PEANUT B&J Uncrustable | EACH | 1 | 300 | 3.50 | 270 | 15 | \*N/A\* | 16.00 | 0.00 | 0 | 32.00 | 4.00 | 9.00 | \*N/A\* | 43.0 | \*N/A\* | 1.00 | $0.000 | | 000237 PEANUT B SANDWICH | EACH | 1 | 457 | 3.96 | 393 | \*4 | \*N/A\* | 23.80 | 0.00 | 0 | 40.86 | 2.00 | 23.84 | 0 | 78.6 | 0.00 | 2.99 | $0.000 | | 001048 HAM SANDWICH (ELEM) | EACH | 1 | 204 | 0.57 | 563 | 7 | \*N/A\* | 3.64 | 0.00 | 29 | 28.72 | 2.00 | 15.07 | 2 | 56.8 | 0.22 | 2.34 | $0.000 | | 000335 KETCHUP | TBSP | 1 | 15 | 0.00 | 140 | \*N/A\* | \*N/A\* | 0.00 | 0.00 | 0 | 4.00 | 0.00 | 0.00 | 100 | 0.0 | 1.20 | 0.00 | $0.000 | | 000476 RANCH,CONDIMENT | TBSP | 1 | 35 | 0.50 | 140 | 0 | \*N/A\* | 3.50 | 0.00 | 5 | 0.50 | 0.00 | 0.00 | 0 | 0.0 | 0.00 | 0.00 | $0.000 | | 990045 PICKLES, SLICED | 4 EACH | 1 | 1 | 0.00 | 50 | \*N/A\* | \*N/A\* | 0.00 | 0.00 | 0 | 0.00 | 0.00 | 0.00 | 1 | 0.4 | 0.00 | 0.00 | $0.000 | | Weighted Daily Average |  |  | 1692 | 11.34 | 2930 | \*66 | \*0 | 61.24 | 0.00 | 92 | 208.93 | 19.22 | 82.12 | \*16714 | \*582.4 | \*17.51 | 10.66 | $0.000 | | % of Calories |  |  |  | 6.03% |  | \*15.6% | \*0% | 32.6% | 0.0% |  | 49.4% |  | 19.4% |  |  |  |  |  | | Weekly Nutrient Guideline |  |  | 550 - 650 | <10 | 1110 |  |  | <=0 |  |  |  |  |  |  |  |  |  |  | | | | |  | | | | |  |  | | --- | --- | |  |  | |  | |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  |  |  |  |  |  |  | |  | |  | | --- | | **Wednesday - 03/27/2024** | | |  | |  | | --- | | **Pk-5 Nutritional Information** | |  |  | |  |  |  |  |  |  |  | |  |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | |  | Portion  Size | Reimb  Qty | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars  (g) | Added Sugars  (g) | T-Fat  (g) | Tr-Fat² (g) | Cholst  (mg) | Carb  (g) | Fiber  (g) | Protn  (g) | VIt-A  (IU) | Calcm  (mg) | Vit-C  (mg) | Iron  (mg) | Cost | | 990277 Soft Pretzel W/Cheese | Each | 1 | 259 | 5.05 | 603 | 2 | \*N/A\* | 9.79 | 0.00 | 31 | 32.20 | 3.00 | 12.69 | 426 | 242.0 | 1.20 | 1.80 | $0.000 | | 000002 YOGURT CUP, VANILLA, FRZ (4OZ) | EACH | 1 | 100 | 1.50 | 75 | 17 | \*N/A\* | 2.00 | 0.00 | 5 | 17.00 | 0.00 | 3.00 | 100 | 100.0 | 0.00 | 0.36 | $0.000 | | 990077 STRAWBERRIES, FRZ (1/2 CUP) | 1/2 CUP | 1 | 73 | 0.00 | 1 | 14 | \*N/A\* | 0.00 | 0.00 | 0 | 18.63 | 1.62 | 0.00 | 0 | 0.0 | 0.00 | 0.00 | $0.000 | | 990086 COOK'S CHOICE VEGETABLE (1/2 CUP) | 1/2 CUP | 1 | 12 | 0.00 | 174 | \*N/A\* | \*N/A\* | 0.00 | 0.00 | 0 | 2.40 | 1.20 | 0.60 | 120 | 24.0 | 0.72 | 0.65 | $0.000 | | 000645 MILK - Variety | HALF PTS | 1 | 104 | 0.45 | 174 | 15 | \*N/A\* | 0.75 | 0.00 | 8 | 15.80 | 0.00 | 8.00 | 725 | 294.0 | 0.00 | 0.10 | $0.000 | | 001048 HAM SANDWICH (ELEM) | EACH | 1 | 204 | 0.57 | 563 | 7 | \*N/A\* | 3.64 | 0.00 | 29 | 28.72 | 2.00 | 15.07 | 2 | 56.8 | 0.22 | 2.34 | $0.000 | | 990239 PB & J Homemade | each | 1 | 595 | 5.98 | 605 | \*10 | \*N/A\* | 33.90 | 0.00 | 0 | 56.64 | 6.20 | 19.98 | 1 | 55.5 | 0.19 | 3.48 | $0.000 | | 000237 PEANUT B SANDWICH | EACH | 1 | 457 | 3.96 | 393 | \*4 | \*N/A\* | 23.80 | 0.00 | 0 | 40.86 | 2.00 | 23.84 | 0 | 78.6 | 0.00 | 2.99 | $0.000 | | Weighted Daily Average |  |  | 1803 | 17.51 | 2588 | \*69 | \*0 | 73.88 | 0.00 | 73 | 212.25 | 16.02 | 83.18 | 1375 | 850.8 | 2.32 | 11.71 | $0.000 | | % of Calories |  |  |  | 8.74% |  | \*15.3% | \*0% | 36.9% | 0.0% |  | 47.1% |  | 18.5% |  |  |  |  |  | | Weekly Nutrient Guideline |  |  | 550 - 650 | <10 | 1110 |  |  | <=0 |  |  |  |  |  |  |  |  |  |  | | | | |  | | | | |  |  |  | | --- | --- | --- | |  |  |  | |  | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | |  |  | Cals¹ (kcal) | S-Fat¹ (g) | Sodm¹ (mg) | Total Sugars (g) | Added Sugars (g) | T-Fat  (g) | Tr-Fat² (g) | Cholst (mg) | Carb  (g) | Fiber  (g) | Protn  (g) | VIt-A  (IU) | Calcm  (mg) | Vit-C  (mg) | Iron  (mg) | Cost | | Weighted Averages |  | 1722 | 15 | 2629 | \*60 | \*0 | 67.34 | \*0.26 | \*86 | 204.30 | \*26.17 | \*81.28 | \*11239 | \*667.1 | \*35.60 | \*13.92 | $0.000 | | % of Calories |  |  | 7.68% |  | \*13.9% | \*0% | 35.2% | \*0.1% |  | 47.5% |  | \*18.9% |  |  |  |  |  | |  | |  |  |  | | | ***\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient \* - denotes combined nutrient totals with either missing or incomplete nutrient data ¹ - denotes required nutrient values***  ***² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.***  ***NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.*** | | | |  |